# **Women with Disabilities Australia**

# **Sex and your body**



A close up of a sign

Description automatically generated

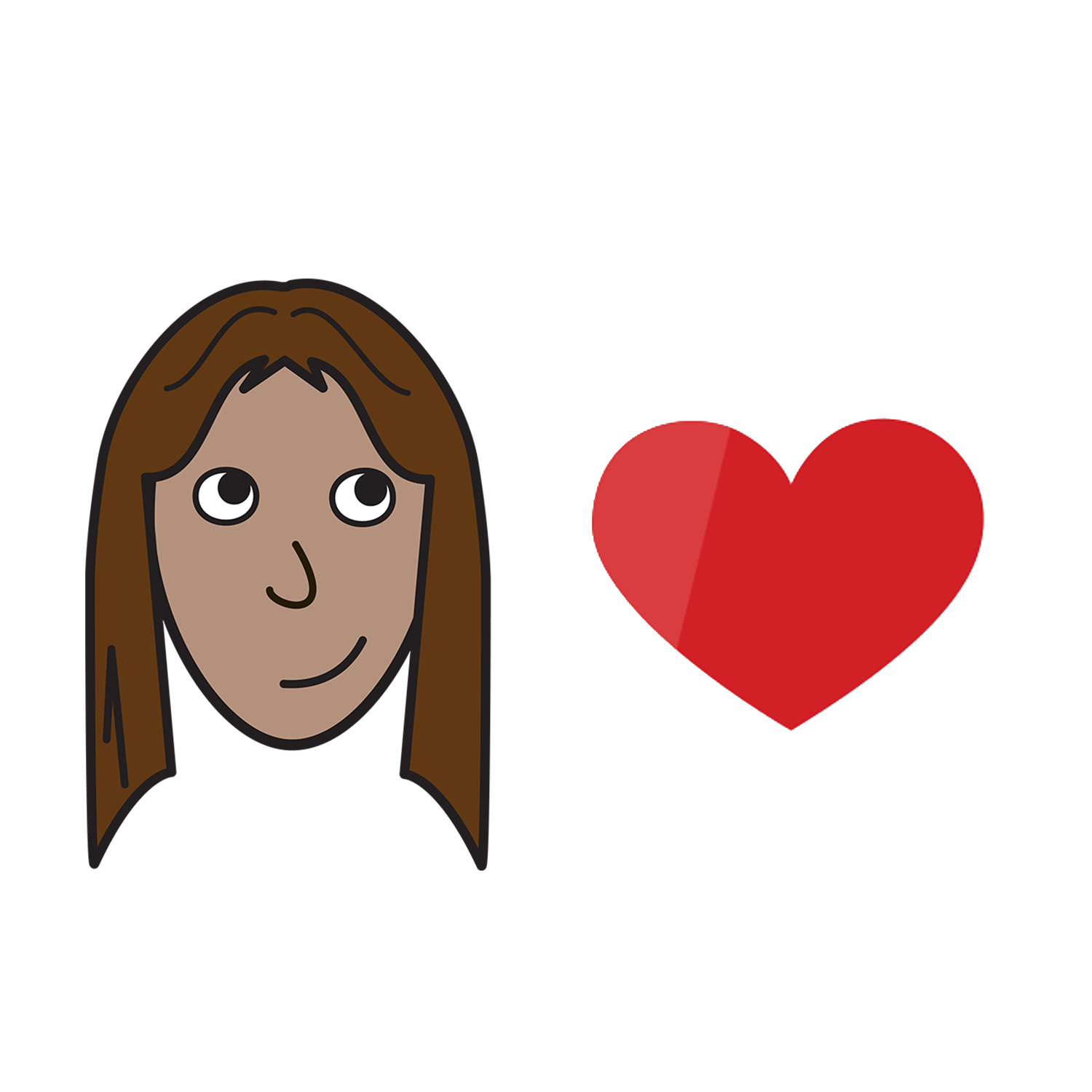
**In danger now**

**A red stop sign sitting on the ground

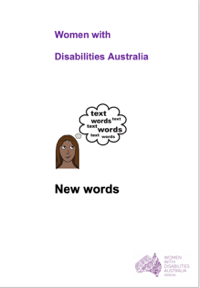
Description automatically generated**

Call **000**

We are Women with Disabilities Australia. We will write **WWDA** when we talk about us.

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This book is about **sex and your body**.

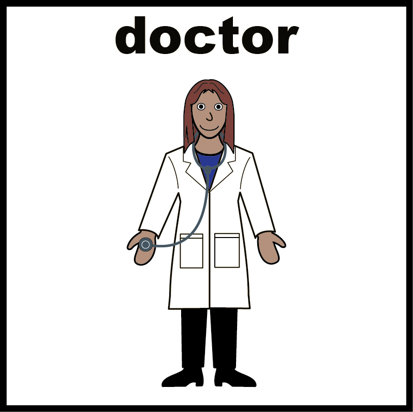
A picture containing clipart

Description automatically generated

We wrote this book for women and girls

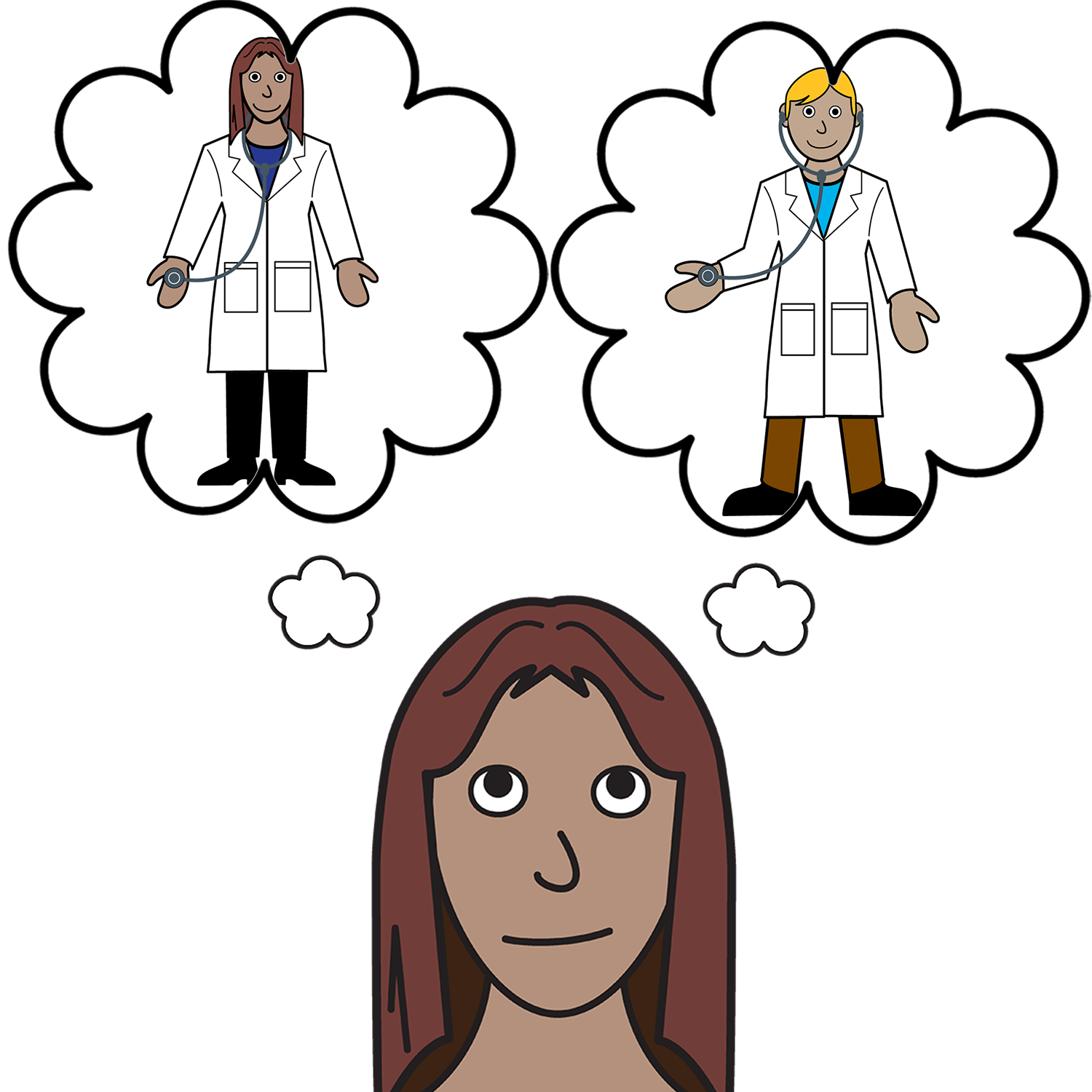
with **disability.** Read more about **disability**

in our book **New Words.**

**A picture containing outdoor

Description automatically generatedYour health rights**

You have the right to

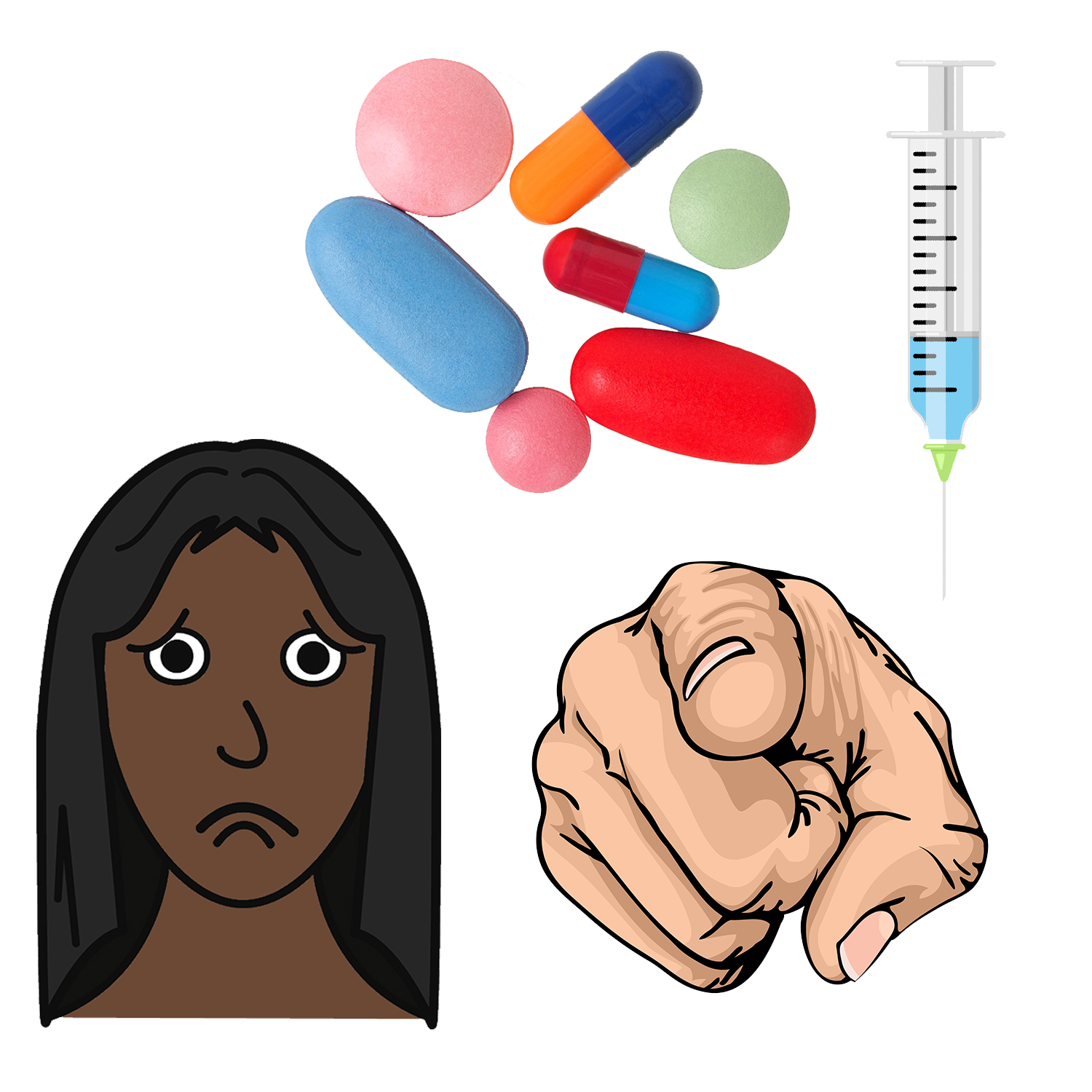


* choose your doctor.

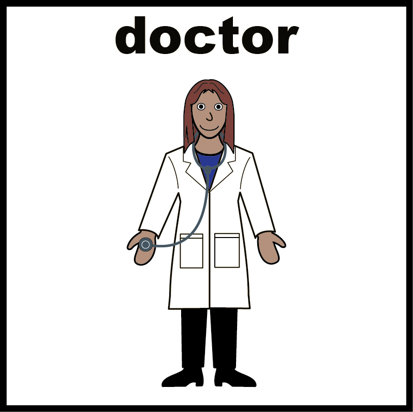
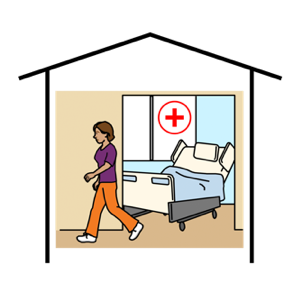
A drawing of a cartoon character

Description automatically generated

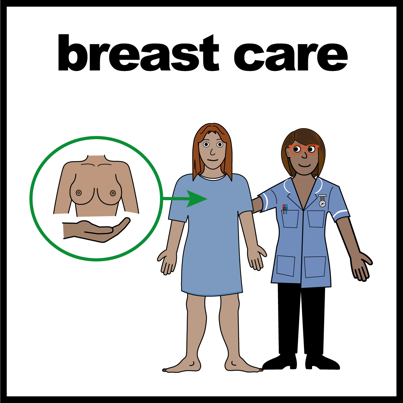
* make choices about your body.



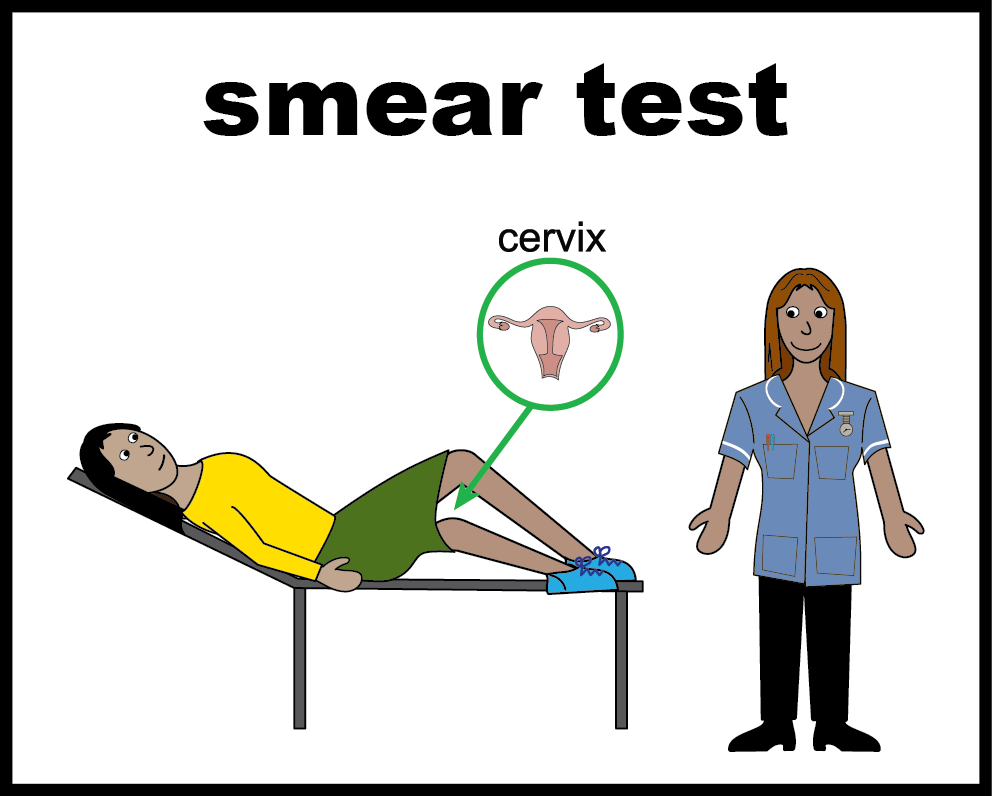
* say no to medication you do not want.

**Health services**

You have a right to access the healthcare you need. Like



* breast screens and checks



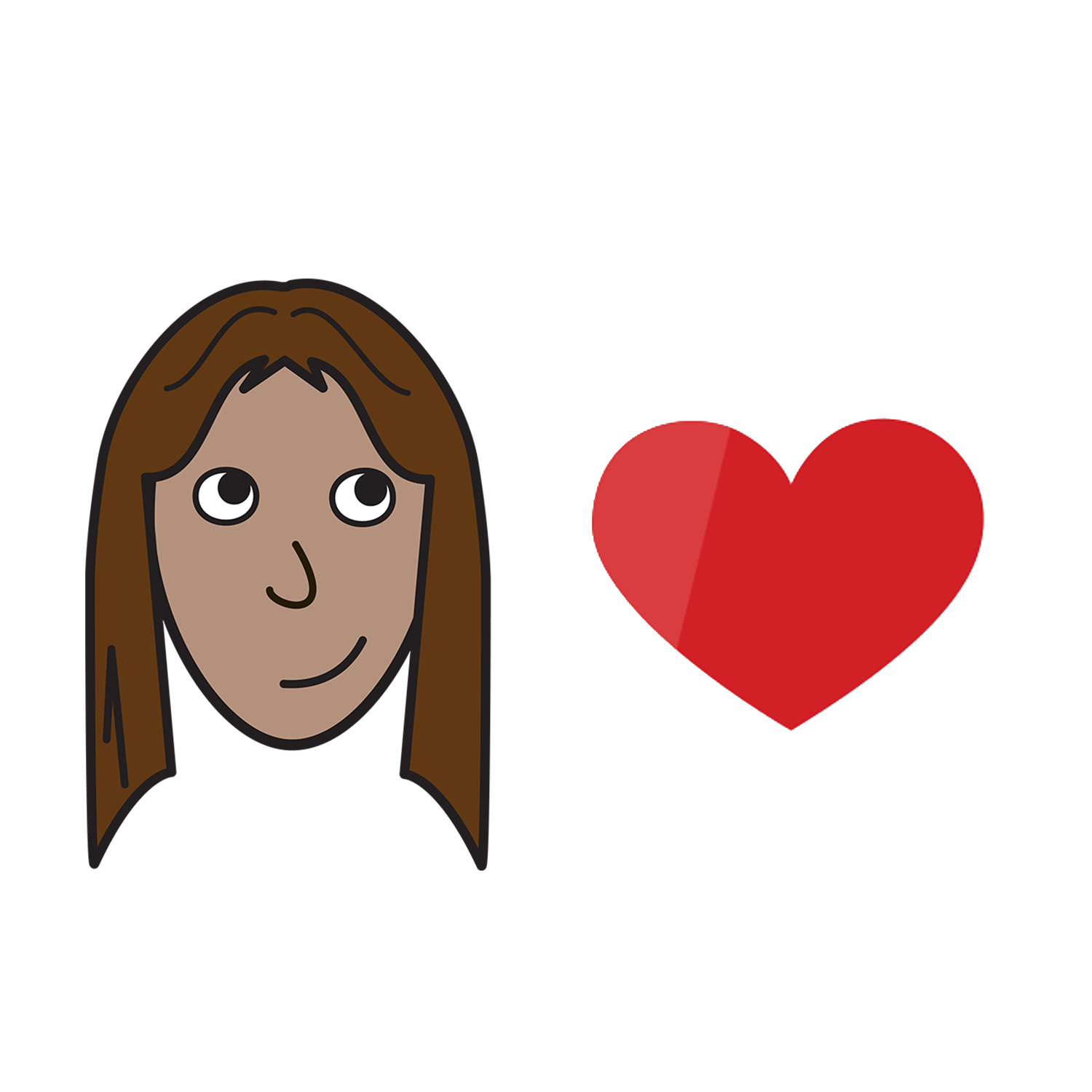
* doctors appointments and pap smears

****

* hospital stays and surgery.

A picture containing outdoor

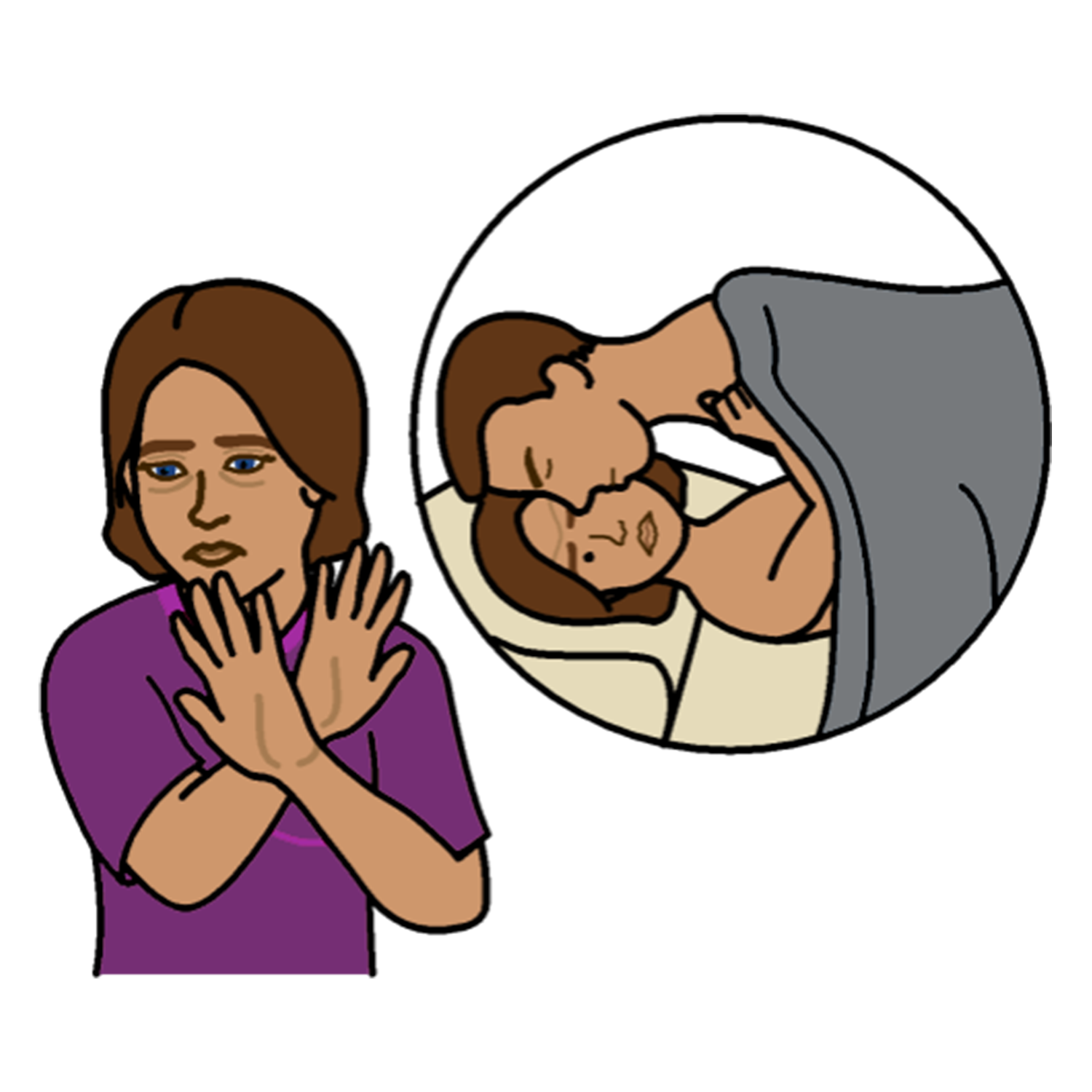
Description automatically generated**Right to sex**

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You have a right to choose **who you love.**



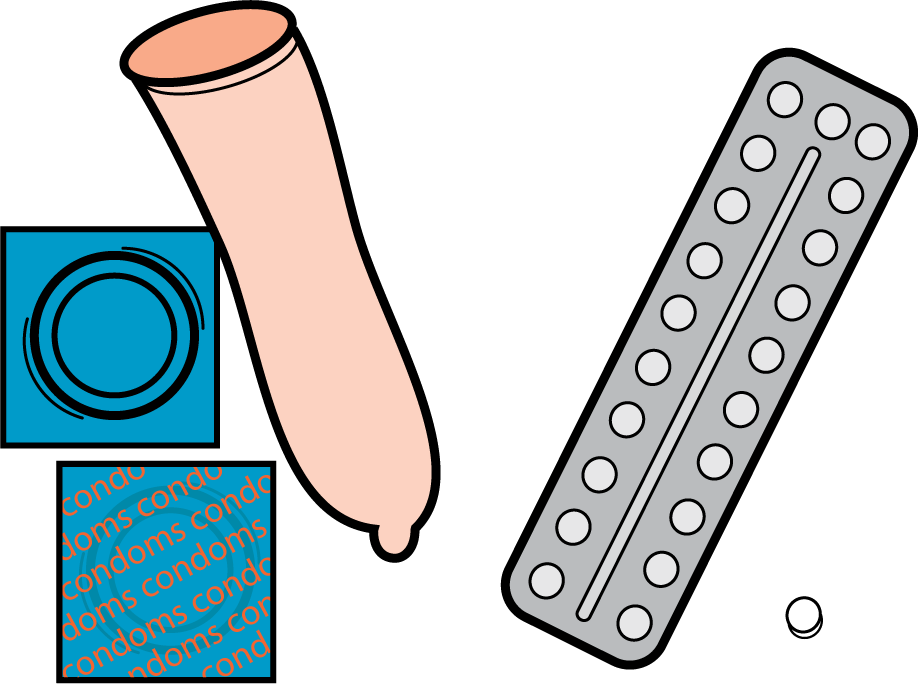
You have a right to **have sex.**



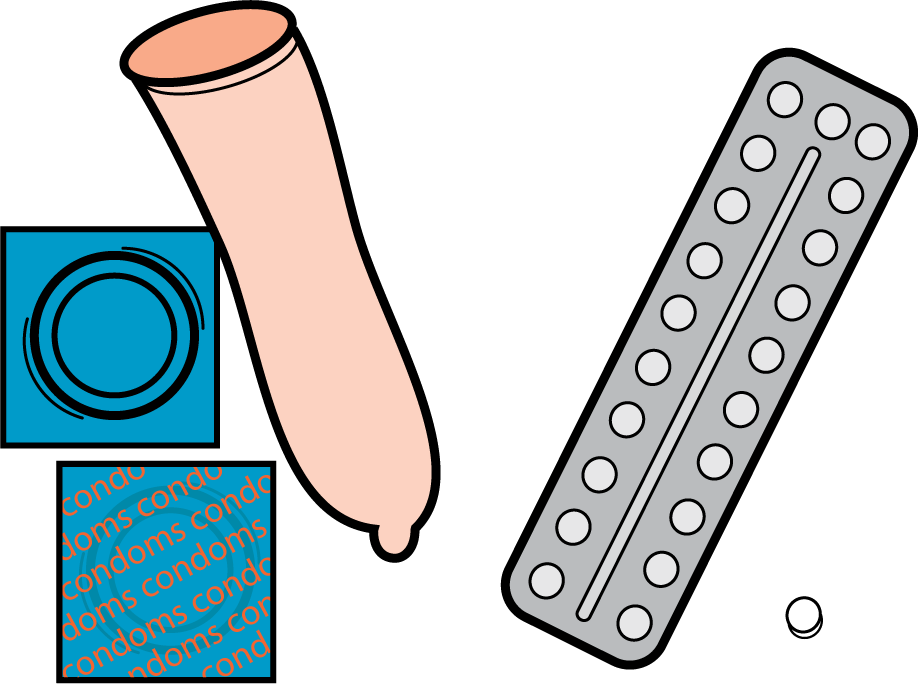
You have a right to say no to sex.

## **A close up of a logo Description automatically generatedContraception** Contraception is things you use or do to stop you getting sick or pregnant when you have sex.

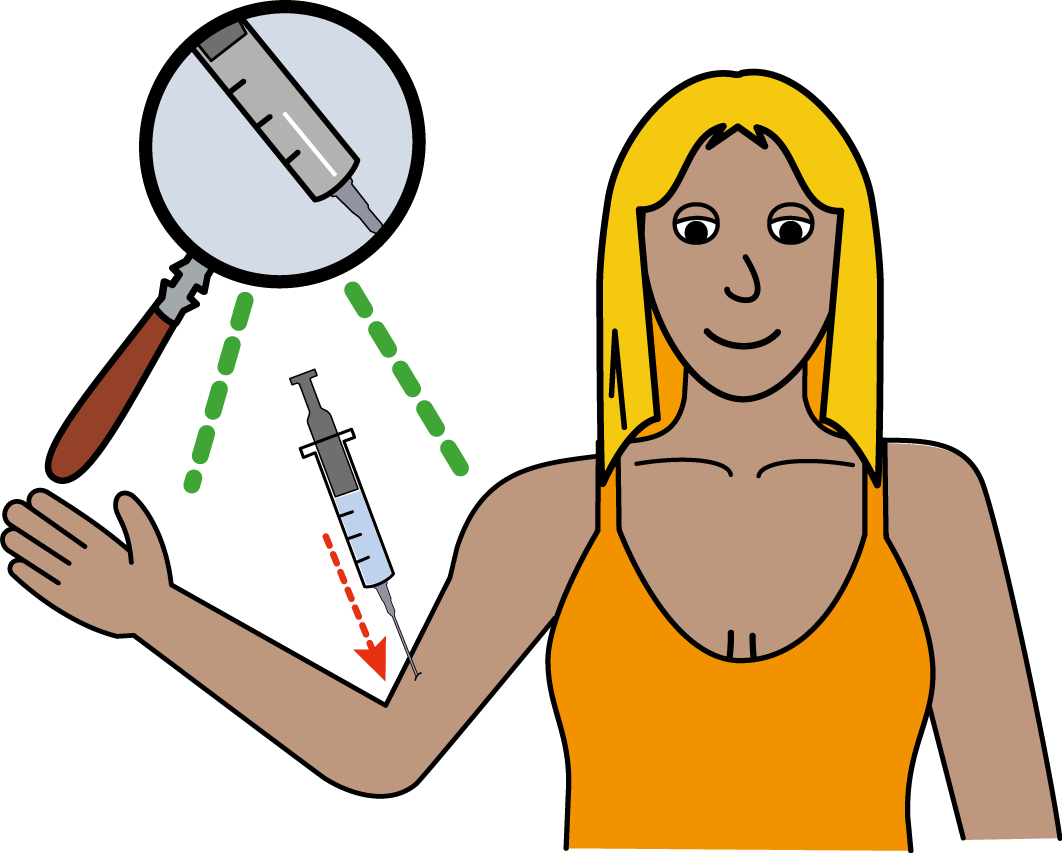
You have a righ to **choose** contraception. Like



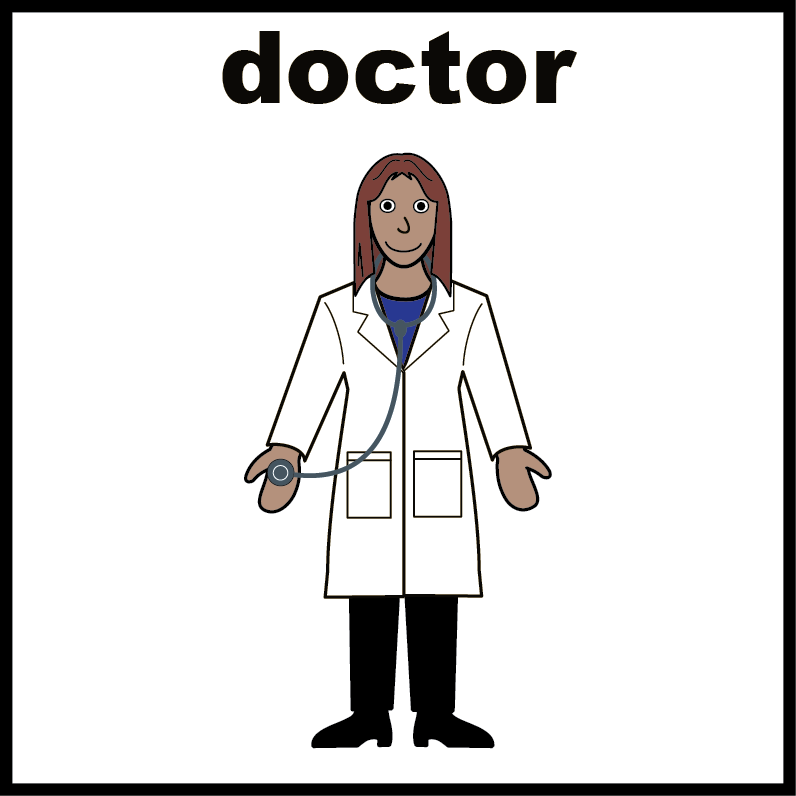
* condoms



* pills



* an implant with a needle.

You can talk to your doctor about contraception options.

A drawing of a cartoon character

Description automatically generated

It is **your choice!**

**Pregnancy and Choices**

If you get pregnant you have a right to **make a choice about what to do.**

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You can have the baby and become a parent.

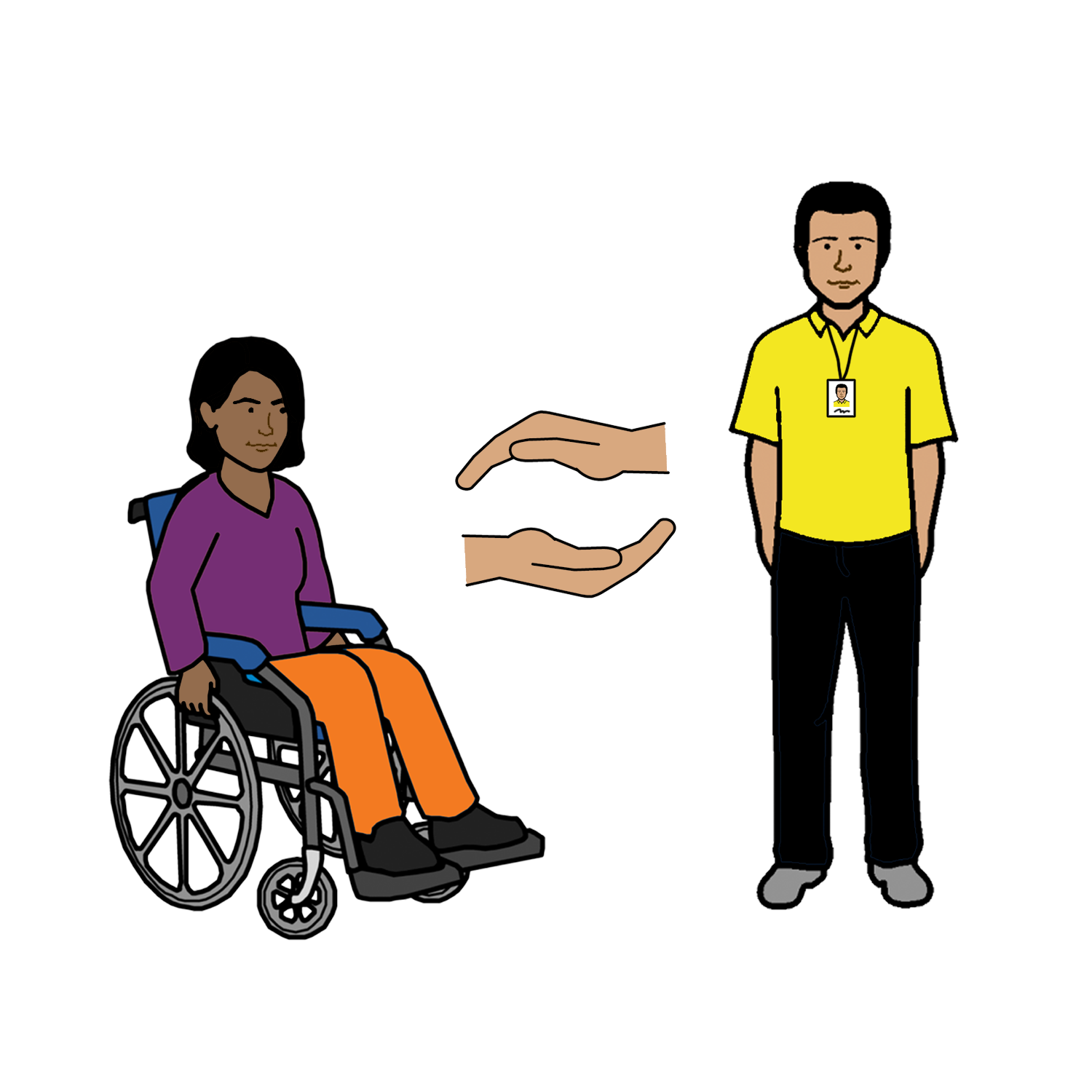
****

You can have an abortion. This means you stop being pregnant.

You can have the baby and give it up for adoption. This means you give the baby to another family to look after.

### **The Australian government must:**

A drawing of a cartoon character

Description automatically generated

* support you to make their own choices about health and sex



A close up of a logo

Description automatically generated

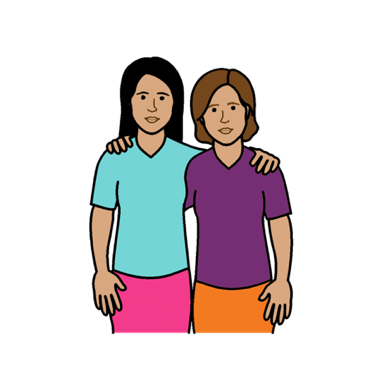
* give you information about sex and health.

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* make sure you can access the health services you need.

## **To find out more**

You can talk to



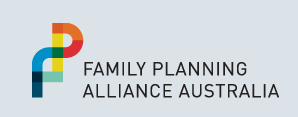
* a friend
* a family member

**A close up of a logo

Description automatically generated**

* a doctor

* A screenshot of a computer

  Description automatically generatedyour local Family Planning service.   
  Go to www.[familyplanningallianceaustralia.org.au/services](http://familyplanningallianceaustralia.org.au/services/)

A close up of a sign

Description automatically generatedYou can use the **National Relay service**

when you call a service

call 1800 555 677

TTY 133 677

A picture containing clipart

Description automatically generated

Need a translator

Call 131 450

**Thank you**

**Who wrote this book?**

Women with Disabilities Australia wrote this book in 2019-2020.

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**Thank you for the money to write this book.**

The National Disability Insurance Scheme gave Women with Disabilities Australia some money to help build this website.

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