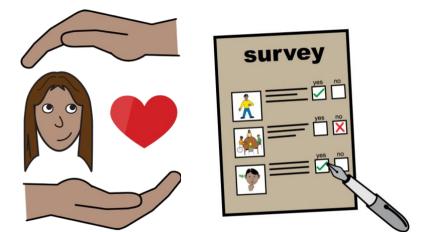
Women With Disabilities Australia

wwda.org.au

## WWDA Youth

# **Survey on Your Period**

## and Safer Sex



# About the questions



**About Us** 



We are WWDA Youth.



#### WWDA means

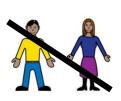
Women With Disabilities Australia.



WWDA is the national disability organisation for women and girls with disability.



WWDA Youth is for women, girls and non-binary young people with disability aged 15-30.



Non-binary means you are

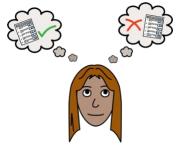
- not a man

- or a woman.

survey

WWDA Youth are doing a survey.

We want to know what you think.



You can answer some of the questions

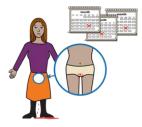
Or all of them.



Your views are important.



#### About the survey



The survey is about **your period**.

Your period is when you bleed from your vagina or uterus.



Learn more about your period.

Read it in Easy English.



www.oursite.wwda.org.au

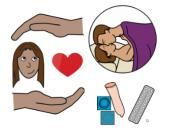
Open the search window

Type WWDA Easy English Book.

Your period.



#### About the survey



The survey is also about safer sex and contraception



Learn about safer sex and contraception.

Read it in Easy English.



Go to www.oursite.wwda.org.au

Open the search window

Type WWDA Easy English Book.

Safer Sex and Contraception



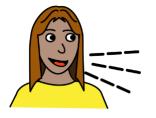
What you say helps WWDA learn about what you

know about

• periods

and

• safer sex.



We also want your ideas.

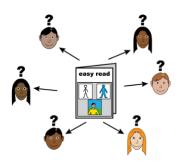


You do **not** write your name in the questions.



What you say will be kept private.

This means we cannot link your answers to you.



## Who can do the survey?



The survey is for

Young people with disability



Do you think you have a disability?

Find out more. Read it in Easy English.



www.oursite.wwda.org.au

Open the search window

Type WWDA Easy English Book.

#### What is a Disability?

The young people who do this survey should also be



- young women
- girls



• young people who see themselves as women or

have similar lives to women.

and



• non-binary young people

Non-Binary means people who see themselves as

not a man •

and

• **not** a woman.



### Dates to know about



The survey opens on Friday 12 November 2021.



You can tell us what you think.



Tell us before Monday 10 January 2022.



### How long is the survey



The survey will be in 3 parts.



Part 1 is **about you.** 



Part 2 is about **your period.** 



Part 3 is about **safer sex** and **contraception**.



You do not have to do all parts at once.

You can do some now.

You can do more later.



## You Need Help

You can ask for help to do the survey.

You can ask someone you trust. Like



• a family member



a friend



- a support worker
- a carer



## You do not feel safe



You want to tell us what you think.

But

you do **not** feel safe.



Like

A person checks what you do online.



It is **not** safe to do the questions now.



Talk to WWDA.

Call 0448 417 850



You are in danger now.

Like a person wants to hurt you.



000.



### How do you do the questions?



The questions are on the WWDA website.

You do them on a

- computer
- tablet
- smart phone.



Go to www.wwda.org.au

#### Type WWDA Youth Survey

in the search window.



You can **not** use the computer.



Ask for a copy in the mail.

Call Heidi

0448 417 850.

or



Ask a person to print the questions out.



Send back to

Women With Disabilities Australia

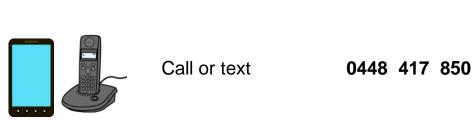
PO Box 407

Lenah Valley TAS 7008

### **Questions**



Email Heidi at WWDA director@wwda.org.au





#### This fact sheet

This fact sheet is based on the WWDA Youth Survey: Sexual and Reproductive Health Resources.



#### Who wrote this fact sheet?

Women With Disabilities Australia wrote this fact sheet in 2021. This book is for general education and information only.



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